

DESIGN | ART | FASHION | FOOD | TRAVEL | SPA

# WONDER WORLD

SEASONAL

THE UNIQUE ITALIAN LIFESTYLE  
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DESIGN&FURNITURE  
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ITALIAN HOSPITALITY  
Summertime Escapes



**Publication: WONDER WORLD SEASONAL**

**Date: Summer, 2019**

**Circulation: 90,000**

| spa hotel |

## At the Argentario

A spa in the heart of Tuscany's Maremma region offering a warm, pampering welcome. That's the philosophy behind the Espace Wellness Center, a collection of white spaces interrupted by black and light woods creating a style suspended between retro and contemporary

Antonella Euli



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The wellbeing centre includes a wet area, relaxation zone, a spacious gym, indoor pool and a variety of services ranging from hair stylist to solarium

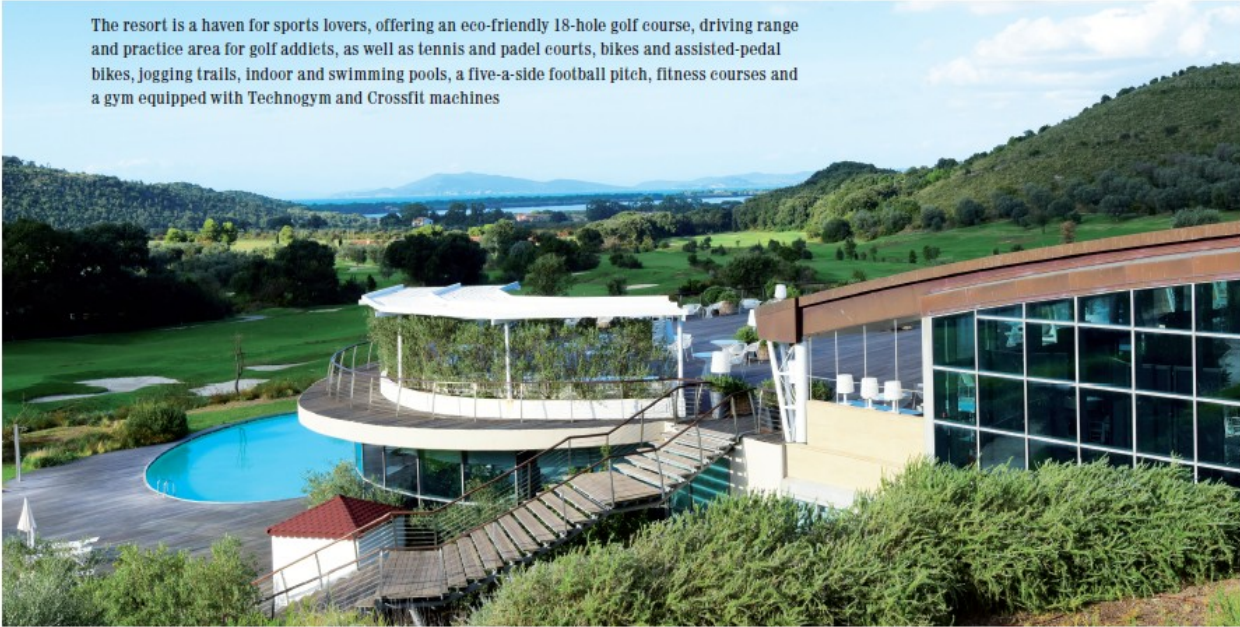
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The resort is a haven for sports lovers, offering an eco-friendly 18-hole golf course, driving range and practice area for golf addicts, as well as tennis and padel courts, bikes and assisted-pedal bikes, jogging trails, indoor and swimming pools, a five-a-side football pitch, fitness courses and a gym equipped with Technogym and Crossfit machines



**T**he Argentario Golf Resort & Spa in Porto Ercole, part of the enchanting Tuscan Maremma, is surrounded by cork oak woods and centuries-old olive groves, providing a habitat for hare, fallow deer, squirrels, wild boar and a wonderful variety of wild bird species. The resort includes 73 designer rooms, standard rooms and one luxury villa with a panoramic view and exclusive services like private beach, heliport, 18-hole golf course, wellbeing centre and two restaurants - the Dama Dama Restaurant serving specialities from the Maremma region, Tuscany and Italy in general with a touch of glamour and international appeal, and the Club House Restaurant with authentic,

healthy and flavourful dishes prepared using local ingredients. All the design accommodation includes a scenic terrace and state-of-the-art technical facilities, and is the result of a careful choice of materials and furnishings. The philosophy behind the Argentario Resort, a member of the Design Hotels™ group and the only PGA National Italy complex, is inspired by a quest for wellbeing while respecting the environment – everything centres on these concepts. The Espace Wellness Center is the go-to destination for wellbeing fans as it boasts a wide range of treatments as well as bio-saunas and Turkish baths, hair stylists and nutritionist. The 3,000 square-metre area hosts a wet area and relaxation zone, a spacious gym, indoor pool and a wide variety of services. The MediSpa is the Espace Wellness Center's medical spa, and here it's possible to sign up for nutrition and naturopathy programmes. A team of professional specialists coordinated by the famous nutritionist and biologist Luca Naitana, will take you through the Wellbeing Method regeneration course, a new wellbeing concept that aims to help clients achieve a state of equilibrium and physical and mental health. It is, in fact, a nutritional re-education that together with the institute's special treatments creates a synergic process that can achieve weight, fitness, psycho-physical wellbeing results that are guaranteed to last. The Dama Dama restaurant makes use of organic produce, offering guests the opportunity to discover just how tasty and imaginative dietetic cuisine can be through a menu developed according to the principles of the Wellbeing Diet. The Spa, massage rooms, swimming pool and gym will help guests achieve and maintain wellbeing during their stay. [johansens.com](http://johansens.com)